

Specialists in the Detection and Treatment
of Digestive Diseases, Hepatology and Colon Cancer

Guidelines For Colorectal Cancer Screening

	PATIENT DESCRIPTION	EVALUATION INDICATED			
		Digital Rectal Exam	Stool Hemocult	Colonoscopy	Sigmoidoscopy
Average Risk	AGE 50+ or 45+ if African-American No symptoms; negative family history	Every year	Every year	Now, then every 5-10 years if negative	If Colonoscopy not available, Sigmoidoscopy plus air contrast Barium Enema would be second choice
	ANY AGE ADULT With personal history of colon polyps or cancer; first degree relative with colon cancer or colon polyps	Every year	Every year	Now, then every 3-5 years if negative	
High Risk	Blood in stool, iron deficiency or anemia	Every year	—	Now	—
	Ulcerative Colitis	Every year	—	Annually after 8 years with the disease	—
Other	» Individualized Approach Other GI symptoms such as abdominal pain, narrow stools, constipation or diarrhea, "gas" or distention; family history of gynecologic, breast or other GI cancer.				

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